

WELCOME

Congratulations on taking the first step to becoming a healthier more balanced you. I look forward to working with you in your pursuit of better health and hope to give you a good idea of what to expect.

Enclosed is a copy of the health history questionnaire, new patient information sheet, informed consent, medication and supplement form and our financial policy form. Please read through each and answer all questions asked as detailed as possible. Be sure to sign and **bring all completed forms with you for the initial visit.**

The initial visit will be approximately 90-120 minutes including treatment to follow. Please plan to be at the office for up to two hours total. During the initial consultation we will review your health history, general health, and the problems you wish to have treated. I will ask you detailed questions about the different systems of your body, and the nature of your complaints to better understand your situation. The examinations may include looking at your tongue, feeling your pulse, palpating your abdomen, and evaluating your musculoskeletal structure.

Once I determine your diagnosis I will discuss this with you along with the treatment plan I recommend. Treatment may include acupuncture, herbal medicine, manual therapy techniques, and other Oriental medical procedures outlined in the consent to treat form.

Oriental medicine requires that the patient be active in their treatment for results to be optimal. Patients will be required to participate through recommended lifestyle and dietary changes as necessary, home self-treatment and exercise. These will be discussed and recommended throughout your treatments.

If you have any questions prior to your first visit, please don't hesitate to call.



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